



COVID-19 Best Practices for Parents and Spectators

The Staff of the Virginia Cup is here to support you and your team during this tournament. We will be taking extra precautions to prevent the spread of Covid-19. We will implement the following best practices to promote personal safety during the event. By attending this event, you are increasing the risk of potential exposure to someone who has Covid-19. If you fall into a high-risk category, please stay-at-home.

GUIDANCE FOR PLAYERS

- Hand contact between teams is prohibited (i.e. post-game handshakes, “high fives”, etc.) Applauding is preferred
- Absolutely NO SPITTING on the field or sidelines
- The home team will provide a cleaned(sanitized) game ball to the referee.
- The Virginia Cup will **NOT** be providing hydration stations or nutrition (players, teams bring their own hydration - no sharing)
- Exiting teams should clear the field promptly when the match ends. Do not congregate at the venue with your team
- Entering teams will wait for exiting teams to COMPLETELY clear the bench before approaching
- Anyone who becomes ill during the event is asked to leave the venue immediately and report all occurrences to the team manager.

GUIDANCE SPECTATORS

- Spectators are allowed during competition and must sit in the designated **spectator areas**.
- To avoid transmission through droplets, shouting is discouraged. Applauding is preferred.
- Spectators must observe social distancing of 6ft in the **spectator area** and **sit 10ft from the sideline**.
- Spectators CANNOT enter the team area for any reason
- Spectators are encouraged to wear PPE and bring your own sanitizer.
- Anyone who is sick or experiencing symptoms commonly associated with COVID -19 – STAY AT HOME.
- Anyone who becomes ill during the event is asked to leave immediately and report all occurrences to the team manager. CONTACT TRACING should begin immediately.
- Do not congregate in groups of 5+ on the sidelines and maintain 6+ ft. apart from each other
- There WILL NOT be a medal ceremony for Champions and Finalists. Medals will be given to the coach or team manager to be distributed by the team rep. We encourage teams to take a team photo of the Champions and Finalists with all players wearing masks and while maintaining their distance
- Wear a mask while at the facility “in public”
- Anyone with symptoms (fever, cough, etc.) must not attend any event

Virginia Cup

PHASE 3 RETURN TO PLAY



Spectator Guidelines

- Spectators Allowed While Maintaining Social Distance
- Only Sit in Designated Spectator Areas
- Abide by Social Distancing Policy of 6ft Away from Other Spectators Outside Household
- Under No Circumstances Can a Spectator/Parent Approach or be in the Designated Team Area
- Sit a minimum of 10ft Off Sideline
- Compliance with All Local and State Guidelines
- Wear Masks When Interacting with other Spectators, Coaches, Referees, or other Players Within a Radius of 6ft
- Stay Home if You Have any Signs or Symptoms of Being Sick
- If You are a Person of High Risk, DO NOT ATTEND
- Symptom Check Their Players Before Arriving at The Field
- Avoid Contact with any Players or Spectators Outside of Your Household

#VirginiaCupInPhase3

Coaches and Team Managers: Please share this important information with your team’s parents and players. For more information and event updates, please reference our website: www.virginiacup.com. If you have additional questions or concerns, please send an email to the Covid-19 Coordinator: bill@smcsoccer.com.

By registering, attending, and entering event facilities, all participants, including, but not limited to, coaches, players, parents, spectators, event staff, vendors, partners, medical and training staff, facility staff, public safety, and administrators agree to follow all national, state, local, and Virginia Cup guidelines, and assume all responsibility of risk in attending the Virginia Cup.